



COVID19 TOOLKIT

HEALTH & SAFETY PROTOCOLS

01

SOCIAL DISTANCE

Maintain a physical distance of at least 2 meters from people outside of your immediate household.

03

COVER YOUR COUGH

Cough or sneeze into the bend of your arm, or into a tissue and dispose of the tissue immediately after.

04

PRACTICE HAND HYGIENE

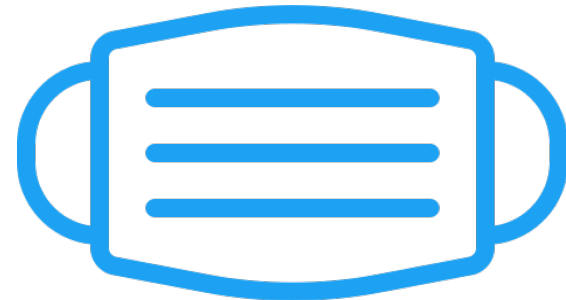
Practice good hand hygiene to protect both yourself and others.

- Wash hands frequently with soap and water for at least 20 seconds.
- If there is no washing station available use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching your face; eyes, nose, mouth.

02

WEAR MASKS

Always wear masks or personal protective equipment (PPE). Ensure your mask is covering over your nose and mouth.



05

AVOID RISK

Avoid higher-risk settings, or take additional measures and keep interactions with others brief when in:

- Closed, crowded or poorly ventilated spaces.
- Close-contact settings.
- Settings with activities likely to have singing, shouting, or heavy breathing (e.g., exercise.)

IMMEDIATELY REPORT ANY HEALTH & SAFETY CONCERNS

If you have been exposed to someone who has had Covid-19 in the last 14 days, contact your AccessNow Project Manager ASAP and stay home.

If you have been experiencing any flu like symptoms in the last 14 days, contact your AccessNow Project Manager ASAP and stay home.

If you become ill while working on the job, immediately report to your AccessNow Project Manager and further steps will be taken to ensure your safety and the safety of others. You will be sent home immediately to rest and recover.

